Harvest of the Month:

## Apples

This month features Apples. Students will learn fun facts and get to try apples in different forms. Locally sourced apples from Carlson Orchards are highligheted this



## Jordan Jackson April 2024



Complete Breakfast and Lunch are free of charge for all students permanently!

or Chicken, Dinner Roll & Croutons

| from Carlson Orchards are highligheted this | s     //                   | •                                   | η //                             | per maneriny.                      |
|---|----------------------------|-------------------------------------|----------------------------------|------------------------------------|
| month.                                      |                            |                                     | -                                |                                    |
| Monday                                      | Tuesday                    | Wednesday                           | Thursday                         | Friday                             |
| 1   | 2                          | 3                                   | 4                                | 5                                  |
| French Toast                                | Donuts                     | Cinnamon Roll                       | Waffles                          | Rise & Shine Wrap                  |
|   |                            |                                     |                                  | (egg, cheese & sausage)            |
|   | Macaraoni & Cheese         |                                     |                                  | Pizza                              |
| BBQ Grilled Chicken Sandwich                | Choice of Buffalo Chicken  | Hamburger / Cheeseburger            | French Toast Sticks              | Cheese or Turkey Pepperoni         |
| Onion Rings                                 | Sweet Peas & Carrots       | on a Bun, Pickles, Potato Spudsters | Yogurt Cup, Warm Cinnamon Apples | Mixed Veggies                      |
|   |                            |                                     |                                  |                                    |
| French Bread Pizza                          | Chicken Tender with a roll | Bagel Meal w/ Yogurt & Cheese Stick | Turkey & Cheese Sandwich         | Crispy Chicken Nuggets & Roll      |
|   |                            |                                     | ·                                |                                    |
| Tossed Salad w/ Yogurt & Cheese             | Savory Pack                | Tossed Salad w/ Yogurt & Cheese     | Sweet Lunch Pack                 | Tossed Salad w/ Yogurt & Cheese    |
| or Chicken, Dinner Roll & Croutons          |                            | or Chicken, Dinner Roll & Croutons  |                                  | or Chicken, Dinner Roll & Croutons |
| 8   | 9                          | 10                                  | 11                               | 12                                 |
| Strawberry Bagel                            | Warm Apple Mufins          | Cinnamon Roll                       | Banana Bread                     | Scrambled Eggs & Toast             |
|   |                            |                                     |                                  |                                    |
|   | Opening Day At Fenway      |                                     |                                  |                                    |
| Nachos & Nuggets                            | Hot Dog on a Roll          | Meatball Sub with                   | Popcorn Chicken with             | Pizza                              |
| Baked Tostito Scoops, Cheese Sauce          | Tater Tots                 | Melty Mozzarella                    | Mashed Potatoes & Gravy, Corn    | Cheese or Turkey Pepperoni         |
| Chicken Nuggets, Mixed Veggies              | Smartfood Popcorn          | Green Beans                         | Fresh Apple Slices               | California Blend Veggies           |
| 1 22 , 00                                   | ·                          |                                     | .,                               |                                    |
| Max Sticks w/ Marinara Dip Cup              | Grilled Cheese             | Bagel Meal w/ Yogurt & Cheese Stick | Ham & Cheese Sanwich             | Crispy Chicken Nuggets & Roll      |
| <u> </u>                                    | <u> </u>                   | l —                                 |                                  |                                    |
| Tossed Salad w/ Yogurt & Cheese             | Savory Lunch Pack          | Tossed Salad w/ Yogurt & Cheese     | Sweet Lunch Pack                 | Tossed Salad w/ Yogurt & Cheese    |



Dinner Roll

Peas & Carrots

French Bread Pizza

Tossed Salad w/ Yogurt & Cheese

or Chicken, Dinner Roll & Croutons

## April Vacation

or Chicken, Dinner Roll & Croutons



Sunbutter & Jelly Sandwich

Savory Lunch Pack

Pasta Marinara
Pasta with Meat Sauce
Sweet Packs: Yogurt, Fruit, Granola / Grahams.
Savory Packs: Cheese Cubes, Turkey Pepperoni, Mini Pretzels, Fruit & Veggies



This month features locally

Farm to School

grown apples from: Carlson Orchards in Harvard, Massachusetts

If your child has a food allergy, you must contact the nurse's office at least yearly or as the condition changes.

This institution is an equal opportunity provider.